



## 2024 Ride for the Feast Event Schedule

Friday Schedule		
Time	Location	Activity
4-7p	TCCC	Check-in/Bib pick-up
4-7p	TCCC	Bike storage if needed
4-7p	TCCC	Transform Your Tent Event – Team tent decoration
5:30-6p	TCCC Chesapeake room	New rider orientation
6-7p	TCCC	Dinner catered by Salerno's
6:30-7p	TCCC	Friday program

Saturday Schedule		
Time	Location	Activity
6-7a	TCCC	Check-in Breakfast service Bike tech available
7a	TCCC	Safety reminders
7:05a	TCCC	Riders depart
10a-1p	Pit #4: Cordova park, 31028 Skipton Cordova Rd., Cordova	Lunch stop for Metric and Century riders
10a-1p	TCCC	Lunch for 42 mile riders
5:30p	Course > TCCC	Remaining riders SAG'd in
5-6p	TCCC	Dinner catered by Salerno's Games Music
5:30-6p	TCCC	Dinner Program

General questions? Email Events Manager, Kevin Smith, at [ksmith2@mfeast.org](mailto:ksmith2@mfeast.org) or call 214-783-1906.

**Ride for the Feast Emergency Contact:** Call or text 410-921-9111



**RIDE FOR THE FEAST**

# WEEKEND MENU

Catered by Salerno's

## FRIDAY DINNER

### Entrée

Penne Pasta with Marinara or Meat Sauce  
Rotisserie Chicken

### Sides

Green Beans  
Caesar Salad  
Dinner Rolls

### Dessert

Parfait  
Pies  
Cakes

### Vegan/Vegetarian Option

Spaghetti Squash  
Vegan Meat Loaf  
Green beans in olive oil  
Vegan Fruit Pie

### Gluten Free

GF Pasta with Marinara Sauce  
GF Dinner Rolls  
GF Cake

## SATURDAY

### BREAKFAST

#### Hot Breakfast

Hard Boiled Eggs  
Breakfast Burritos (Meat, Egg,  
Cheese)

#### Vegetarian/Vegan Option

Veggie Burritos

#### Breakfast Breads

Assorted Bagels  
Muffins  
Danish

#### Beverages

Coffee  
Assorted Juices

#### Gluten Free

GF Egg Sandwich  
GF Bagels

### LUNCH

#### Sandwiches

Turkey Breast  
Tuna Salad  
Ham & Cheese

#### Vegetarian/Vegan Option

Grilled Veggie Wrap  
Vegan Cookie

#### Gluten Free

GF Sandwiches (Turkey or Tuna)  
GF Cookie

#### Sides

Potato Chips  
Fresh Fruit Cup

#### Beverages

Water  
Gatorade

### DINNER

#### BBQ

Pit Beef  
Pulled Pork  
Pit Turkey

#### Vegetarian/ Vegan Option

Vegan Jackfruit BBQ  
Vegan Burgers  
Vegan Cole Slaw  
Vegan Baked Beans  
Vegan Cookie

#### Dessert

Assorted Cookies

#### Sides

Cole Slaw  
Cucumber Salad  
Macaroni & Cheese  
Dinner Rolls

#### Gluten Free

GF Dinner Rolls  
GF Pasta  
GF Cookies

#### Beverages

Brewed Tea  
Sweet Tea  
Canned Sodas  
Water